

Approved
MEETING MINUTES
STATE CONSUMER AND FAMILY ADVISORY COMMITTEE

October 11, 2007

Present: Beaufort Bailey, Carl Britton-Watkins, Wilda Brown, Terry Burgess, Marianne Clayter, Zack Commander, Bill Cook, Kathy Daughtry, Carol DeBerry, Judy Dempsey, Ron Kendrick, Dorothy O’Neal, Tisha O’Neal-Gamboa, Marian Spencer, Andrea Stevens, Cynthia Vester and Amelia Thorpe.

Absent: Libby Jones, Carl Noyes and David Taylor, Jr..

DMH/DD/SAS Staff Present: Director Mike Moseley, Deputy Director Leza Wainwright, Chris Phillips, Ann Remington, Cathy Kocian.

Guests: Carolyn Anthony and Geri Smith.

Presenter & Topic	Discussion	Action
Welcome: Carl Britton-Watkins, SCFAC Chair	<ul style="list-style-type: none">The meeting was called to order at 9:30 AM.	The agenda was approved with changes. The September 2007 minutes were approved.
Public Comments/Issues	<ul style="list-style-type: none">Judy Dempsey reported that she attended the Eastern Regional CFAC meeting and provided a brief overview of one presentation: Crisis Intervention Training (CIT). SCFAC approved a motion to have a CIT presentation at an upcoming meeting.Judy Dempsey requested an update on the Division’s plan to use the \$100,000 in recurring funds for CIT programs across the state.Bill Cook reported that he sent SCFAC members an email between meetings containing “<i>Chris Fitzsimon on the state's mental health system</i>” dated September 12, 2007. SCFAC members briefly discussed the email as well as the September 1, 2007 letter sent by NAMI Wake County to Representative Weiss and Senator Stevens regarding the DHHS plan to close Dorothea Dix and John Umstead Hospitals.Carol DeBerry familiarized the committee with the “<i>Making System Transformation Work</i>” project sponsored by the North Carolina Council of Community Programs with a grant from the North Carolina Council on Developmental Disabilities. Individuals were directed to contact Michael Owen at Michael@nc-council.org for further information.	Carl Britton-Watkins will contact Jerry Akland, CIT Coordinator, regarding the possibility of doing a presentation for SCFAC members.

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	<ul style="list-style-type: none"> • Carl Britton-Watkins reviewed the SCFAC Code of Conduct with SCFAC members. Several areas of concern included: <ul style="list-style-type: none"> ○ SCFAC meetings starting promptly at 9:30 AM., ○ The importance of meeting attendance and members staying for the entire meeting, ○ Cell phones being turned off during the meeting and ○ SCFAC meetings not being about local CFAC business. • SCFAC members expressed concerns regarding the vacant NC Association of County Commissioners (NCACC) position. Members would like to see the position filled soon. 	<p>Carl Britton-Watkins will also contact SCFAC members individually regarding these issues.</p> <p>Chris Phillips will re-connect with the NCACC staff regarding the vacancy.</p>
<p>Discussion with Division Leadership Mike Moseley and Leza Wainwright</p>	<ul style="list-style-type: none"> • Leza Wainwright reported that the Division has been busy working on legislative tasks and has requested that the General Assembly extend a few of the time frames for certain projects. For example, the Division has been asked to submit a new LME allocation methodology. Several SCFAC members commented on the need for each county to review their county share contributions. • Community Support Services (CSS) are still being reviewed. The Division is trying to ensure that CSS is being used appropriately and that properly credentialed staff are providing the service. The LMEs have assisted the Division with completion of the Post Payment Clinical Reviews and Mike Moseley stated the outcome of the reviews indicated: <ul style="list-style-type: none"> ○ Some individuals were not appropriate to receive CSS and their services will be terminated, ○ Some individuals will receive decreased services and/or more appropriate services and ○ Some providers will lose their endorsement. <p>Leza said that there were approximately 25,000 people receiving CBS. Today, there are over 45,000 people getting CSS. This represents a 20,000 increase. The Division is working on increasing assessment requirements.</p> • SCFAC members discussed the possibility of reorganizing the way services are provided. Mike Moseley noted that a consultant has been hired to do a system wide review of the LMEs. • Leza provided SCFAC with an update on the Adult Day Vocational Programs (ADVP). There is no plan today to eliminate the ADVPs. Rather, the Division is considering developing and offering a broader array of services. • Mike Moseley spoke about the Centers for Medicare and Medicaid Services (CMS) proposed rules for Rehabilitation Option Services. If adopted, these rules will have a critical and dramatic impact on services nationwide. Secretary Dempsey Benton has drafted a letter that will be sent to CMS regarding the proposed rules. In addition, brief discussion included the State 	

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Children's Health Insurance Program (CHIP) and President Bush's veto. The deadline for public comment on the vetoed bill is Friday, October 12, 2007.

- Mike mentioned that Single Stream Funding has been approved for the following LMEs:

- Smoky Mountain Center,
- pbH,
- Mecklenburg,
- Guilford Center for Behavioral Health and Disability Services,
- Five County Mental Health Authority,
- ECBH and
- Sandhills

Standards for single stream funding have been developed and sent out in Communication Bulletin #081 *Standards for LME Qualifications for Single Stream Funding for SFY 08 and SFY 09*. LMEs that meet the standards for qualification will be approved and will receive single stream funding beginning the next fiscal quarter following the approval. One of the standards will require the submission of an agreement with the CFAC outlining the CFAC's role in planning as well as communication and reporting expectations.

- Judy Dempsey commented on the hospital closings and the fact that consumers and family members are concerned because there is a shortage of hospital beds. Mike noted that the Department has heard numerous concerns expressed. The Division is responsible for managing the staffing transition associated with the closures and the start up of the new facility. Mike said that any delay in closings would have significant impact on this. In addition, the Division has offered Wake County a transitional unit on the Dix campus to use until their new county unit is completed. The new Central Regional Hospital is on course to be fully operational in March 2008. Ideally, people should receive services in their communities and the state operated hospitals should serve those who cannot be served in the community.
- Mike addressed the Broughton Hospital issues and advised SCFAC members that a team from Raleigh is on site implementing correction plans as needed. The Division is presently overseeing the following areas:
 1. modification of staff structure,
 2. review of nursing staff and
 3. provision of training as necessary.
- Andrea Stevens commented that individuals with chronic mental illness are underserved. Mike agreed but noted that the number of issues related to this is significant and, due to time constraints, asked that this be discussed at the next meeting.

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	<ul style="list-style-type: none"> • Bill Cook asked how the Division could assist LMEs in the development of crisis centers. Mike noted that crisis centers may not be appropriate in all areas. He described initiatives already underway including working with community hospitals. He said that 8.6 million dollars of Mental Health Trust Fund money has already been sent out to develop crisis services, that the General Assembly has targeted more money for crisis and that LME Crisis Plans are being prioritized by the Division, the Department and the General Assembly. Mike also talked about the substantial amount of technical assistance the Division has provided for the development of community crisis services. • There was discussion about the minimum population and/or county requirement for LMEs and the associated 10% per year funding reduction penalty for LMEs failing to meet the requirement. The only exception at this time is Foothills and they were granted a one year waiver. 	
Agenda Discussions regarding Issues for Verla Insko and Martin Nesbit	<ul style="list-style-type: none"> • SCFAC members asked Leza and Mike for their input regarding State CFAC's statutory responsibility to provide advice to the General Assembly. Mike suggested that SCFAC members ask Verla Insko and Martin Nesbit for their perspective on how this should occur. • Ron Kendrick commented on SCFAC members attending the LOC meetings and Mike Moseley thought that it might be beneficial for SCFAC members to interact with their local representatives regarding concerns. • SCFAC members approved a motion to draft a letter and email inviting Representative Verla Insko and Senator Martin Nesbit to a SCFAC meeting. The contents of the letter will include the fact that the SCFAC is the only legislatively mandated 100% consumer and family group created to advise the State. Additionally, the letter will state that the SCFAC is interested in establishing a partnership with the General Assembly to engage in an ongoing meaningful dialogue. • SCFAC members would like to review the following topics with Verla Insko and Martin Nesbit: <ul style="list-style-type: none"> ○ Commitment to state funding, ○ Look at community services and other issues, ○ Identify a mechanism for a communication process, ○ From the LOC perspective, how would they like to dialogue with SCFAC members, ○ Does the LOC focus their agenda items of interest to MH/DD/SA consumers, ○ Explanation of their personal background, and ○ Discussion of Single Stream Funding. 	<p>Carl will send an invitation to Representative Insko and Senator Nesbit via email and letter requesting their presence at a SCFAC meeting.</p>

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	<ul style="list-style-type: none"> • SCFAC members will continue their discussion regarding issues. 	
SCFAC December 2007 Meeting	<ul style="list-style-type: none"> • SCFAC members discussed the change in location for the December SCFAC meeting which will be held at the Pinehurst Resort and Country Club. State CFAC members have accepted the invitation of the NC Council of Community Programs (NCCCP) to attend the opening plenary session of the NCCCP Conference at 9:00 AM. • All SCFAC members attending Pinehurst at the Division's expense will be expected to attend the entire SCFAC meeting on December 10, 2007. 	<p>SCFAC members will hold their December SCFAC meeting on December 10, 2007 at Pinehurst from 10:30-4:00 PM.</p> <p>The list of committee members planning to attend the December meeting will be finalized at the November 2007 SCFAC meeting.</p>
CFAC Training	<ul style="list-style-type: none"> • SCFAC members submitted their topic choices for the upcoming <i>Leadership Conference for Consumer and Family Advisory Committees</i>. 	
2001 Mileage Rate Law Chris Phillips	<ul style="list-style-type: none"> • Chris Phillips distributed two handouts containing information on changing a current law: <ul style="list-style-type: none"> ○ <i>Changing a General Statute</i> and ○ <i>How an Idea becomes a Law</i>. • If the SCFAC members want to pursue the possibility of changing the 2001 Mileage Rate Law that provides \$0.25 per mile reimbursement rate for members of boards and committees, they will need to follow the proscribed steps, one of which requires that a legislative sponsor propose the amendment to the law. 	<p>Cynthia Vester will contact legislative representatives and provide a report to SCFAC members at the November SCFAC meeting.</p>
Executive Leadership Team Carl Britton-Watkins	<ul style="list-style-type: none"> • Carl Britton-Watkins attended the ELT meeting on October 9, 2007 and presented the following: <ul style="list-style-type: none"> ○ Secretary Benton has agreed to terminate providers who were not in line with CSS requirements. ○ There was discussion on the recent issues within the LMEs regarding IPRS funds and procedures that need to be followed. ○ Christina Carter provided ELT members and guests with an update on person centered planning initiatives. ○ Julia Bick gave an update on the Housing 400 Initiative and acknowledged that the LMEs will be the points of contact for housing needs. 	
Guardianship Sub-committee Wilda Brown and Carol DeBerry	<ul style="list-style-type: none"> • The Sub-committee has been working on a draft letter and survey that will be distributed to all LME Directors regarding Guardianship issues. • Carol DeBerry provided SCFAC members with a copy of the sub-committee's cover letter and survey for review and feedback. 	<p>Wilda Brown will make the required changes to the draft letter.</p> <p>Carol DeBerry will submit the final letter to the NC Council of Community Programs for feedback and distribution to the LME</p>

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		Directors.
SCFAC Annual Report Carl Britton-Watkins	<ul style="list-style-type: none"> SCFAC members reviewed the final 2006-2007 SCFAC Annual Report that will be distributed to the Secretary, the appointing authorities, LOC members, ELT members and local CFACs. 	Cathy Kocian will make the final changes and submit to Carl Britton-Watkins for his signature prior to distribution.
SCFAC Sub-Committees Carl Britton-Watkins	<ul style="list-style-type: none"> Carl Britton-Watkins addressed the need for SCFAC members to follow protocol when distributing SCFAC information. The SCFAC member confidential phone list is for SCFAC member distribution only. SCFAC members agreed to have their email addresses be the source of public contact for local CFACs, consumers, family members, etc. SCFAC member public contact information is located on the SCFAC web page and can be found at www.ncdhhs.gov/mhddsas/scfac/index.htm. 	SCFAC members distributing written information regarding SCFAC business shall <u>only</u> use information from approved SCFAC minutes.
Next Meeting Date	The next meeting is scheduled for November 8, 2007, from 9:30 A.M.–3:00 P.M. Meetings are held at the Holiday Inn North, 2805 Highwoods Blvd., Raleigh.	
November 2007 Meeting Agenda	Approval of the Agenda. Approval of the October 2007 minutes. Discussion with Division Leadership. Public Comment & Issues Session. External Advisory Team and Staff Qualifications Workgroup Update. Executive Leadership Team Update. Review Protocol for Distribution of SCFAC Information. Regional Coordinator Positions Discussion. Legislative Sponsor Update. Guardianship Sub-Committee Report.	
Future Discussion	Bob Kurtz, presentation on the Crisis Intervention Team (CIT) programs. Budget presentation from Kent Woodson, DMH/DD/SAS.	